



Program of Study Guide: **Emergency Medical Technician**

Comprehensive guidelines and course standards

Office of College and Career Pathways
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MARYLAND STATE DEPARTMENT OF EDUCATION

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Table of Contents

Document Control Information.....	3
Purpose.....	4
Sources of Standards.....	5
Course Descriptions.....	7
Industry-Recognized Credentials and Career-Connected Learning	10
Labor Market Information: Definitions and Data	12
Course Standards: Emergency Medical Technician I.....	15
Course Standards: Emergency Medical Technician II	17
Course Standards: Emergency Medical Technician III	19

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Purpose

The Program of Study (POS) is designed to prepare students for careers in emergency medical services, public safety, and related fields. This POS offers students a rigorous academic and technical education, equipping them with the skills, knowledge, and hands-on experience necessary to transition seamlessly into postsecondary education, training programs, or immediate employment in emergency services.

In addition to academic standards, the Maryland State Department of Education (MSDE) has incorporated into this document Labor Market Information (LMI) definitions and explanations for the Program of Study; program aligned Industry Recognized Credentials; and Work-Based Learning resources and requirements by course level.

This document is intended for use by educational administrators and practitioners. A similar document is available for each state-approved CTE Program of Study.

Sources of Standards

The development of Emergency Medical Technician (EMT) Program of Study (POS) is informed by several authoritative sources that provide comprehensive guidelines and frameworks for emergency services education. These sources collectively offer a robust foundation for developing comprehensive and industry-aligned standards for the program, ensuring that students acquire the necessary skills and knowledge to succeed in the fields of emergency medical services (EMS), and public safety.

Below is a list of these sources, along with descriptions, their applications in course development, and corresponding web links:

1. **Advance CTE's Career Clusters Framework**

- A. **Description:** The Advance CTE framework provides a nationally recognized structure for organizing career and technical education (CTE) into Career Clusters. Each cluster represents a grouping of occupations and industries, with the Public Service and Safety Career Cluster.
- B. **Use:** The framework serves as a foundational guideline for developing Emergency Services standards, ensuring alignment with industry-specific expectations, and highlighting essential knowledge and skills for each level of study.
- C. **Source:** Advance CTE Career Clusters: <https://careertech.org/career-clusters/>

2. **Maryland Institute for Emergency Medical Technician (EMT) Systems (MIEMSS)**

- A. **Description:** MIEMSS oversees and coordinates all components of the statewide EMS system in Maryland, including licensure, certification, and education standards for EMS personnel.
- B. **Use:** Provides state-specific guidelines and protocols for EMT training, ensuring that the curriculum meets Maryland's requirements for certification.
- C. **Source:** MIEMSS Official Site: <https://www.miemss.org/>

3. **Maryland Institute for Emergency Medical Responder (EMR) Systems (MIEMSS)**

- A. **Description:** MIEMSS oversees the training standards, certification processes, and licensure for EMRs in Maryland, ensuring that all personnel meet the state's requirements for emergency medical services.
- B. **Use:** Provides specific guidelines and protocols to enable individuals to act as first responders in emergency situations, delivering curriculum, ensuring that the curriculum meets Maryland's requirements for certification.
- C. **Source:** MIEMSS Official Site: <https://www.miemss.org/>

4. **National Highway Traffic Safety Administration Emergency Medical Services (NHTSA EMS)**

- A. **Description:** National Highway Traffic Safety Administration Emergency Medical Service (NHTSA EMS).
- B. **Use:** Serves as a foundational guideline for developing the EMT curriculum, ensuring comprehensive coverage of necessary knowledge and skills as per national standards.
- C. **Source:** NHTSA Office of EMS: <https://www.ems.gov/>

5. **Occupational Safety and Health Administration (OSHA)**

- A. **Description:** Establishes standards for workplace safety, including emergency response and handling of hazardous materials.
- B. **Use:** Integrates OSHA safety standards to ensure a safe learning environment and adherence to industry practices.
- C. **Source:** OSHA Official Site: <https://www.osha.gov/>

6. **National Registry of Emergency Medical Technicians (NREMT)**

- A. **Description:** NREMT offers national certification for EMTs and establishes uniform standards for EMT education and competency.
- B. **Use:** Aligns the program's curriculum with national certification requirements, preparing students for the NREMT EMT examination.
- C. **Source:** NREMT: <https://www.nremt.org/>

7. **Hazardous Materials Awareness and Operations Certification (NFPA 1001)**

- A. **Description:** Training focuses on recognizing hazardous materials incidents and implementing defensive actions to protect people and the environment.
- B. **Use:** Enhances the ability to safely respond to hazardous materials incidents, a critical component of emergency response.
- C. **Source:** NFPA 1001 Standard: <https://www.nfpa.org/codes-and-standards/nfpa-1001-standard-development/1001>

Course Descriptions

Course Level	Course Information	Description
Required Core: Course 1	Emergency Medical Technician I SCED: Pending Grades: 9-12 Prerequisite: None Credit: 1	This foundational course introduces students to emergency services, including Emergency Medical Technician (EMT) roles and public safety. The course emphasizes the development of professional behavior, teamwork, and an understanding of the roles and responsibilities within the public safety sector.
Required Core: Course 2	Emergency Medical Technician II SCED: Pending Grades: 10-12 Prerequisite: Emergency Services I Credit: 1	Building on foundational knowledge, this course focuses on Emergency Medical Technician (EMT) skills. Students perform simulations of patient assessments during emergencies and provide care until advanced EMS personnel arrive. The course covers essential topics like airway management, CPR, and trauma care. It prepares students for certification through the Maryland Institute for Emergency Medical Services Systems (MIEMSS), ensuring they meet Maryland's requirements for certification.
Optional Flex: Course 1	Emergency Medical Technician III SCED: Pending Grades: 11-12 Prerequisite: Emergency Medical Technician I and II Credit: 1	This course delves deeper into EMT-Basic skills, aligning with the National EMS Education Standards. Students learn advanced emergency medical procedures, patient assessment techniques, and emergency response strategies. The curriculum includes hands-on training in administering medications, managing cardiac emergencies, and handling pediatric and geriatric patients. This course prepares students for the National Registry of Emergency Medical Technicians (NREMT) EMT certification exam.

Course Level	Course Information	Description
Optional Flex: Course 2	Career Connected Learning I SCED: Pending Grades: 11-12 Prerequisite: See Course Description Credits: 1-3	Prerequisites: - Alignment to the student's 6-Year Plan - Completion of: - Minimum two sequential courses in a CTE pathway, OR - Minimum two years of the same world language; OR - Minimum two sequential courses in a comprehensive arts program; OR - Inclusion in the IEP/504 transition plan with supporting documentation (as required) - Endorsement from an educator, mentor, employer, or career coach - No more than one course recovery credit in core subjects is needed by the student. This flexible, work-based learning course introduces students to real-world applications of classroom knowledge and technical skills through on-the-job experiences and reflective practices. Students engage in career exploration, skill development, and professional networking by participating in youth apprenticeships, registered apprenticeships, pre-apprenticeships, internships, capstone projects, or other approved career-connected opportunities. Variable credit (1–3) accommodates the required on-the-job training hours and related instruction. By integrating industry standards, employability skills, and personalized learning goals, Career Connected Learning I equips students to make informed career decisions, develop a professional portfolio, and build a strong foundation for success in postsecondary education, training, or the workforce.

Course Level	Course Information	Description
Optional Flex: Course 3	Career Connected Learning II SCED: Pending Grades: 11-12 Prerequisite: Career Connected Learning I Credits: 1-3	Building on the foundational experiences of Career Connected Learning I, this advanced work-based learning course provides students with deeper on-the-job practice, leadership opportunities, and refined career exploration. Students continue to enhance their technical and professional skills, expanding their industry networks and aligning personal goals with evolving career interests. Variable credit (1–3) remains aligned with the required training hours and related instruction. Through elevated responsibilities and skill application, Career Connected Learning II prepares students to confidently transition into higher-level postsecondary programs, apprenticeships, or the workforce.

Dual Enrollment and Career Connected Experiences Must be Aligned to the CTE Core.

Industry-Recognized Credentials and Career-Connected Learning

The *Blueprint for Maryland's Future* and the High School Level of a Registered Apprenticeship

The Maryland State Department of Education recognizes the high-school level of a Registered Apprenticeship (RA), defined as a State-approved Registered Apprenticeship begun during high school in which students complete at least 144 hours of related technical instruction and 250 hours of paid on-the-job training before graduation, with the remaining required apprenticeship hours completed post-graduation, as the gold standard of Career Connected Learning.

The CTE Committee of the Governor's Workforce Development Board, in alignment with federal apprenticeship standards, requires 144 hours of RTI for all high school RA participants, and the Apprenticeship Maryland Program (AMP) defines the minimum RTI as **one course credit equivalent**. This high-school-level Registered Apprenticeship is the preferred career-connected learning option for students to meet the Blueprint's goal that 45% of public high school graduates complete either the high-school level of a Registered Apprenticeship or another industry-recognized credential.

To the extent practicable, the greatest number of students should achieve this goal through participation in a high-school level Registered Apprenticeship, with schools ensuring these requirements are scheduled, completed, and documented for transcript and reporting purposes.

To the extent practicable, the greatest number of students should achieve this goal through the high-school level of a Registered Apprenticeship.

Career-Connected Learning Resources		
Course 1: Career Awareness	Course 2: Career Preparation	Flex Courses: Career-Connected Learning
- Industry Visits - Guest Speakers - Participation in Career and Technical Student Organizations - Postsecondary Visits – Program Specific Site Tours - Mock Interviews	- All of Career Awareness plus the following: - Job Shadow - Employer Mentoring	- Registered Apprenticeship - Internship - School-Based Enterprise - Employer-Directed Capstone

Industry-Recognized Credentials – The standards in this document are aligned to the following certifications: □**By the end of Course I:**

OSHA 10 – General Industry; NFPA Hazardous-Materials Awareness

By the end of Course II:

Emergency Medical Responder (EMR) — Maryland Institute for Emergency Medical Services Systems (MIEMSS)

Optional Credentials:

Emergency Medical Technician (EMT) — National Registry of Emergency Medical Technicians (NREMT) / MIEMSS

Labor Market Information: Definitions and Data

Labor market information (LMI) plays a crucial role in shaping Career and Technical Education (CTE) programs by providing insights into industry demands, employment trends, and skills gaps. This data helps education leaders assess the viability of existing programs and identify opportunities for new offerings. By aligning CTE programs with real-time labor market needs, schools can better prepare students for in-demand careers and ensure that resources are effectively used to support pathways that lead to high-quality, sustainable employment.

Standard Occupational Code (SOC) and Aligned Industry:

Indicator	Definition	Pathway Labor Market Data
High Wage¹	Those occupations that have a 25th percentile wage equal to or greater than the most recent MIT Living Wage Index for one adult in the state of Maryland, and/or leads to a position that pays at least the median hourly or annual wage for the DC-VA-MD-WV Metropolitan Statistical Area (MSA). <i>Note: A 25th percentile hourly wage of \$24.74 or greater is required to meet this definition.</i>	Standard Occupational Code: 29-2042: Emergency Medical Technicians (EMTs) 33-2011: Firefighters Hourly Wage/Annual Salary 25th Percentile: \$23.90 / \$49,713 50th Percentile: \$29.97 / \$62,329 75th Percentile: \$38.73 / \$80,557

¹ Living Wage Calculator: <https://livingwage.mit.edu/states/24>

Indicator	Definition	Pathway Labor Market Data
High Skill	Those occupations located within the DC-VA-MD-WV Metropolitan Statistical Area (MSA) with the following education or training requirements: completion of an apprenticeship program; completion of an industry-recognized certification or credential; associate's degree, bachelor's degree, or higher.	Typical Entry-Level Education: Emergency Medical Technicians (EMTs): Education: Typically require a high school diploma or equivalent. Training: Must complete a state-approved emergency medical technology program, which includes both classroom instruction and hands-on experience. Certification: After training, candidates must pass the National Registry of Emergency Medical Technicians (NREMT) exam to obtain certification. Licensure: State-specific licensure is required to practice as an EMT. Firefighters: Education: Generally, you need a high school diploma or equivalent. Training: Undergo training at a fire academy, covering fire suppression, hazardous materials control, and emergency medical procedures. Certification: May require certification in emergency medical services, such as EMT or paramedic, depending on the department. Additional Requirements: Must pass written and physical exams, drug screenings, and background checks.
In-Demand	Annual growth plus replacement, across all Maryland occupations, is <u>405</u> openings between 2024-2029.	Annual Openings 778

Lightcast Data Updated August 2025

Labor Market Information Data Source

Lightcast occupation employment data are based on final Lightcast industry data and final Lightcast staffing patterns. Wage estimates are based on Occupational Employment Statistics (QCEW and Non-QCEW Employees classes of worker) and the American Community Survey (Self-Employed and Extended Proprietors). Occupational wage estimates are also affected by county-level Lightcast earnings by industry. Foundational data for the state of Maryland is collected and reported by the Maryland Department of Labor.

Methodology for High Wage Calculations

To combine labor market data across multiple Standard Occupational Classifications (SOCs), a weighted average approach was used to ensure accurate representation of the marketplace. Median wages for each SOC were weighted based on their respective employment levels, reflecting the relative demand for each occupation. This method ensures that occupations with higher employment contribute proportionately to the overall wage calculation. Additionally, job openings from all relevant SOCs were summed to determine the total projected demand. For example, if Mechanical Engineers account for 67% of total employment and Electrical Engineers for 33%, their respective wages are weighted accordingly, and job openings are aggregated to provide a comprehensive view of labor market opportunities. This approach delivers a balanced and accurate representation of both wages and employment demand for the program.

Methodology for In-Demand Calculations

The baseline for annual job openings, considering new positions and replacement positions, was determined by taking the average of all annual job openings between 2024 and 2029 across all 797 career sectors at the 5-digit SOC code level. For the 2024-2029 period, average job openings (growth + replacement) is 405.

Course Standards: Emergency Medical Technician I

1. GENERAL REQUIREMENTS This course is recommended for students in Grades 9-10.

2. INTRODUCTION

- A. Career and Technical Education (CTE) instruction provides content aligned with challenging academic standards and relevant technical knowledge and skills for students to further their education and succeed in current or emerging professions.
- B. The Career Cluster is dedicated to preparing students for foundational careers in emergency medical services, firefighting, and public safety. This cluster emphasizes the skills needed to protect lives and property during emergencies. Professionals in this field work across diverse settings, including municipal fire departments, emergency medical services agencies, and disaster response teams.
- C. The Program of Study offers students foundational knowledge in emergency response, safety protocols, and basic medical and firefighting skills. Students will gain hands-on experience through structured coursework and practical applications, enabling them to explore the essential functions of emergency services careers.
- D. Emergency Medical Technician I introduce students to foundational topics such as the history of emergency services, ethical and legal responsibilities, and basic emergency medical responses.
- E. Students will participate in at least two Career-Connected Education and Work-Based Learning experiences in this course, such as attending guest lectures, job shadowing, or site visits with local fire or EMS departments.
- F. Students are encouraged to participate in extended learning experiences through aligned Career and Technical Student Organizations (CTSOs). CTSOs are a cocurricular requirement in the Carl D. Perkins Act, and alignment to CTSO activities is an expectation for CTE programs in the state of Maryland.

3. KNOWLEDGE AND SKILLS

- A. **The student demonstrates the necessary skills for career development, maintenance of employability, and successful completion of course outcomes. The student is expected to:**
 - 1. Identify and demonstrate positive work behaviors that enhance employability, including punctuality, professional appearance, and adherence to safety protocols.
 - 2. Exhibit effective communication and active listening skills when responding to emergency scenarios and working within a team.
 - 3. Solve problems using critical thinking and decision-making skills, especially during time-sensitive emergency situations.
 - 4. Demonstrate leadership and teamwork skills through group activities, drills, and role-playing exercises.
 - 5. Demonstrate an understanding of ethical and legal responsibilities in emergency response professions.
- B. **The student identifies various career pathways in emergency services. The student is expected to:**
 - 1. Design a career plan includes a clear pathway for advancement within emergency services, highlighting continuous education and specialization opportunities.

2. Develop a career plan that includes necessary education, certifications, job skills, and experience for roles in emergency services (e.g., EMT, EMR, paramedic).
 3. Demonstrate effective interview skills for roles in emergency services, with a focus on entry-level positions.
- C. **The student develops technology and digital literacy skills. The student is expected to:**
1. Use technology as a tool for research, organization, communication, and problem-solving.
 2. Use digital tools, including computers, mobile devices, collaboration platforms, and cloud services, to access, manage, and create information.
 3. Demonstrate proficiency in using emerging and industry-standard technologies, including skills and applying creative techniques to create visually appealing products.
 4. Understand ethical and legal considerations for technology use, including the principles of data protection, copyright, and responsible technology use.
- D. **The student integrates core academic skills into practice. The student is expected to:**
1. Demonstrate the use of clear communication techniques, both written and verbal, that are consistent with industry standards.
 2. Apply English concepts such as writing informative texts when documenting the design process and articulating goals.
 3. Apply scientific principles relevant to emergency services, including understanding human anatomy and physiology, principles of physics in rescue operations, and the chemistry of fire and hazardous materials.
 4. Recognize the roles and responsibilities of government agencies, legal systems, and public policies that impact emergency services. This includes knowledge of laws, regulations, and ethical considerations that guide emergency response operations.
 5. Utilize mathematical skills, including measurement, ratios, and data interpretation—in emergency response scenarios.
- E. **The student demonstrates knowledge and skills for ensuring safety in emergency scenarios. The student is expected to:**
1. Understand and implement safety protocols to minimize risks during emergency operations.
 2. Demonstrate knowledge of personal protective equipment (PPE) and its proper use in emergency situations.
 3. Recognize the importance of mental and physical fitness in emergency services careers.
- F. **The student develops physical and mental resilience for emergency services careers. The student is expected to:**
1. Understand strategies for managing stress and preventing burnout in high-stress environments.
 2. Practice mindfulness and coping techniques to improve focus and emotional regulation during emergencies.

Course Standards: Emergency Medical Technician II

1. **GENERAL REQUIREMENTS** This course is recommended for students in Grades 10-11 and serves as a continuation of Emergency Medical Technician I.
2. **INTRODUCTION**
 - A. Career and Technical Education (CTE) instruction provides content aligned with challenging academic standards and relevant technical knowledge and skills for students to further their education and succeed in current or emerging professions.
 - B. The Career Cluster is dedicated to preparing students for foundational careers in emergency medical services, firefighting, and public safety. This cluster emphasizes the skills needed to protect lives and property during emergencies. Professionals in this field work across diverse settings, including municipal fire departments, emergency medical services agencies, and disaster response teams.
 - C. The Program of Study offers students foundational knowledge in emergency response, safety protocols, and basic medical and firefighting skills. Students will gain hands-on experience through structured coursework and practical applications, enabling them to explore the essential functions of emergency services careers.
 - D. Emergency Medical Technician II focuses on developing the skills necessary to achieve Emergency Medical Responder (EMR) certification. Students will explore advanced medical assessment techniques, life support procedures, and patient care practices. Additionally, the course introduces firefighting concepts such as hazardous material operations and scene management.
 - E. Students will participate in at least two Career-Connected Education and Work-Based Learning experiences in this course, such as attending guest lectures, job shadowing, or site visits with local fire or EMS departments.
 - F. Students are encouraged to participate in extended learning experiences through aligned Career and Technical Student Organizations (CTSOs). CTSOs are a cocurricular requirement in the Carl D. Perkins Act, and alignment to CTSO activities is an expectation for CTE programs in the state of Maryland.
3. **KNOWLEDGE AND SKILLS**
 - A. **The student demonstrates advanced skills for career development, maintenance of employability, and successful completion of course outcomes. The student is expected to:**
 1. Identify Exhibit advanced communication skills, including the ability to give and receive clear instructions during emergency scenarios.
 2. Solve complex problems using advanced critical thinking and decision-making techniques under high-pressure conditions.
 3. Demonstrate leadership by coordinating team efforts during mock emergency responses.
 4. Understand and apply ethical and legal responsibilities specific to emergency medical professions and operations of first responders.
 5. Identify and demonstrate positive work behaviors that enhance employability, including punctuality, professional appearance, and adherence to safety protocols.
 - B. **The student identifies career pathways. The student is expected to:**
 1. Design a career plan includes a clear pathway for advancement within emergency services, highlighting continuous education and specialization opportunities.

2. Develop a career plan that includes necessary education, certifications, job skills, and experience for roles in emergency services (e.g., EMT, Fire Fighter).
 3. Demonstrate effective interview skills for roles in emergency services, with a focus on entry-level positions.
 4. Demonstrate effective interview skills for roles.
- C. **The student develops technology and digital literacy skills. The student is expected to:**
1. Use digital tools, including computers, mobile devices, collaboration platforms, and cloud services, to access, manage, and create information.
 2. Demonstrate proficiency in using emerging and industry-standard technologies, including skills and applying creative techniques to create visually appealing products.
 3. Understand ethical and legal considerations for technology use, including the principles of data protection, copyright, and responsible technology use.
- D. **The student integrates core academic skills into advanced emergency services practices. The student is expected to:**
1. Demonstrate the use of clear communication techniques, both written and verbal, that are consistent with industry standards.
 2. Apply English concepts, such as writing informative texts when documenting procedures and articulating goals.
 3. Apply scientific principles relevant to emergency services, including understanding human anatomy and physiology, principles of physics in rescue operations, and the chemistry of fire and hazardous materials.
 4. Recognize the roles and responsibilities of government agencies, legal systems, and public policies that impact emergency services. This includes knowledge of laws, regulations and ethical considerations that guide emergency response operations.
 5. Utilize mathematical skills, including measurement, ratios, and data interpretation, in emergency response scenarios.
- E. **The student demonstrates knowledge and skills for ensuring safety in emergency scenarios. The student is expected to:**
1. Understand and implement safety protocols to minimize risks during emergency operations.
 2. Demonstrate knowledge of personal protective equipment (PPE) and its proper use in emergency situations.
- F. **The student develops physical and mental resilience for emergency services careers. The student is expected to:**
1. Understand strategies for managing stress and preventing burnout in high-stress environments.
 2. Practice mindfulness and coping techniques to improve focus and emotional regulation during emergencies.

Course Standards: Emergency Medical Technician III

1. **GENERAL REQUIREMENTS** This course is recommended for students in Grades 11-12.
2. **INTRODUCTION**
 - A. Career and Technical Education (CTE) instruction provides content aligned with challenging academic standards and relevant technical knowledge and skills for students to further their education and succeed in current or emerging professions.
 - B. The Career Cluster is dedicated to preparing students for foundational careers in emergency medical services, firefighting, and public safety. This cluster emphasizes the skills needed to protect lives and property during emergencies. Professionals in this field work across diverse settings, including municipal fire departments, emergency medical services agencies, and disaster response teams.
 - C. Program of Study offers students foundational knowledge in emergency response, safety protocols, and basic medical and firefighting skills. Students will gain hands-on experience through structured coursework and practical applications, enabling them to explore the essential functions of emergency services careers.
 - D. Emergency Medical Technician III builds on the foundational knowledge of Emergency Services II, focusing on Emergency Medical Technician (EMT) skills and competencies. Students will engage in advanced medical assessment techniques, life support procedures, pharmacology, and emergency care practices for various medical and trauma situations. The course prepares students to sit for the National Registry of Emergency Medical Technicians (NREMT) EMT certification exam.
 - E. Students will participate in at least two Career-Connected Education and Work-Based Learning experiences, including department rotations, live training exercises, and supervised simulations.
 - F. Students are encouraged to participate in extended learning experiences through aligned Career and Technical Student Organizations (CTSOs). CTSOs are a co-curricular requirement in the Carl D. Perkins Act, and alignment to CTSO activities is an expectation for CTE programs in the state of Maryland.
3. **KNOWLEDGE AND SKILLS**
 - A. **The student demonstrates advanced skills for an Emergency Medical Technician. The student is expected to:**
 1. Perform comprehensive patient assessments, including medical histories and physical examinations for patients of all ages.
 2. Administer emergency medical care, such as airway management, ventilation, oxygen therapy, and bleeding control.
 3. Understand and assist with the administration of medications, including understanding indications, contraindications, and side effects.
 4. Manage cardiac emergencies, including the use of automated external defibrillators (AEDs) and assisting with advanced cardiac life support procedures.
 - B. **The student develops advanced rescue and emergency response skills. The student is expected to:**
 1. Develop a career plan that includes the necessary education, certifications, job skills, and experience for specific roles in emergency services.

2. Create a professional resume and portfolio that reflect skills, projects, certifications, and recommendations.
 3. Demonstrate effective interview skills for roles in emergency services.
- C. **The student develops technology and digital literacy skills. The student is expected to:**
1. Use technology as a tool for research, organization, communication, and problem-solving.
 2. Use digital tools, including computers, mobile devices, collaboration platforms, and cloud services, to access, manage, and create information.
 3. Demonstrate proficiency in using emerging and industry-standard technologies, including skills and applying creative techniques to create visually appealing products.
 4. Understand ethical and legal considerations for technology use, including the principles of data protection, copyright, and responsible technology use. Adhere to ethical and legal considerations for technology use, including patient privacy laws (e.g., HIPAA) and secure data management.
- D. **The student integrates core academic skills into practice. The student is expected to:**
1. Demonstrate the use of clear communication techniques, both written and verbal, that are consistent with industry standards.
 2. Apply English concepts such as writing informative texts when documenting the design process and articulating goals.
 3. Demonstrate mathematical understanding for calculating medication dosages, IV flow rates, and interpreting vital signs.
 4. Use scientific principles including anatomy and physiology, pathophysiology, and pharmacology, to understand medical conditions and treatments.
- E. **The student demonstrates knowledge of health and wellness in emergency services careers. The student is expected to:**
1. Understand the physical and mental demands of firefighting and develop strategies for self-care and injury prevention.
 2. Participate in fitness training programs to maintain physical readiness for emergency response tasks.
 3. Recognize signs of stress, burnout, and critical incident stress, and apply coping mechanisms or seek support when necessary.
- F. **The student participates in extended learning opportunities to enhance career readiness. The student is expected to:**
1. Engage in apprenticeships with local fire departments or emergency services organizations.
 2. Engage in internships with local fire departments or emergency services organizations.
 3. Collaborate with emergency services professionals to gain firsthand insights into industry practices.
- G. **The student prepares for a work-based learning experience by demonstrating professional skills. The student is expected to:**
1. Develop a professional resume, portfolio, or skills showcase highlighting competencies.
 2. Review and prepare for the NREMT EMT certification exam, covering all required cognitive and psychomotor skills.
 3. Practice interview skills and demonstrate knowledge of workplace expectations in settings.